## Penytheol Summer Newsletter

- Mardi Gras Leavers Prom & Surfing in the Sun!
- Fashion Week & Uniform Swap Shop
- A Calendar Full of Music & PSE Day

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International Sports Success & Loads Morel













# A Message from the HeadTeacher

**Dear Parents and Pupils** 

Please take time to read about some of the many activities undertaken by our pupils this term inside this newsletter. There are many exciting events and achievements taking place in and out of school to hear about.

Our 3G pitch opened last June, but we have been unable to upgrade the outside changing rooms until now. A project to completely refurbish these changing rooms will be getting underway shortly. Unfortunately, it is likely to be the end of September before the work is fully completed.

You will be aware of our full review of school uniform that has taken place during this academic year and the changes being brought in for September 2018. We managed to introduce school uniform shorts last Easter and these have proved to be very popular. Please note that wearing shorts is only permissible during the Summer Term. The other key change is that all trousers and skirts worn from September 2018 have to include the school's trademark and can only be purchased from our official suppliers, Picton Sports and Sew and Sew. The full information about our new uniform, which was sent to parents in early June, is on our website. Please get in touch with me if you have any questions about our new uniform requirements.

We have recently sent out information to parents about the eating/drinking habits of many of our pupils where these are a concern. Please discuss what your children eat/ drink in school with them and encourage them to do so sensibly and healthily. By opening a sQuid account, you can review their purchases at any time.

GCSE results day this year is Thursday 23rd August. School will be open for Year 11 pupils from 9.00 a.m. and Year 10 pupils from 10.00 a.m. We are expecting our Year 11 pupils to have achieved another set of excellent results for the school.

Next academic year begins on Tuesday 4th September for our pupils. Until then, have a very enjoyable and relaxing summer holiday.

Yours faithfully

ALAN TOOTILL Headteacher

o Achieve You Need To Believe I Lwyddo Rhaid Credu









# Important Dates & Information

	TERM	DATES	HOLIDA	AY DATES	TERM	DATES
AUTUMN	Mon	Fri	Mon	Fri	Mon	Fri
TERM	3rd	26th	29th	2nd	5th	21st
2018	September	October	October	November	November	December

	TERM	DATES	HOLIDA	AY DATES	TERM	DATES
SPRING	Mon	Fri	Mon	Fri	Mon	Fri
TERM	7th	22nd	25th	1st	4th	12th
2019	January	February	February	March	March	April

	TERM	DATES	HOLIDA	AY DATES	TERM	DATES
SUMMER	Mon	Fri	Mon	Fri	Mon	Mon
TERM	29th	24th	27th	31st	3rd	22nd
2019	April	May	May	May	June	July

#### **Bank Holidays**

19 April 2019 - Good Friday 22 April 2019 - Easter Monday 6 May 2019 - May Day 27 May 2019 - Spring Bank Holiday

#### **Inset Days**

Mon 3rd September 2018 Fri 26th October 2018 Fri 22nd February 2019 Fri 12th April 2019 Mon 22nd July 2019

### Staff News

As Summer term comes to a close, we say farewell to Mrs. S. Lewis (ALNCO) who has been teaching at Penyrheol for 30 years! We thank her for her years of service and wish her a happy and healthy retirement.

Congratulations to Mr. C. Thomas, who will be taking over the role of ALNCO from September.



As you are aware, there have been some changes to our uniform which will be implemented in the new academic year, September 2018.

Full details on the uniform and where to purchase it are on our website. You can access this, by following the link below:

https://penyrheol-comp.net/uniform







Our last Student Voice meeting of the Summer Term took place in the Library Resource Centre on 13th July, when on this occasion the council used the session to thank our representatives for their year of office, especially our Head and Deputy Head Boy and Girl who left school after their GCSE exams this month.

We formally welcomed our new Head and Deputy Head Boy and Girl to the council and the students briefly discussed their duties before officially handing over their responsibilities. A full new team will be appointed and announced in September.

Student Voice is particularly proud to have highlighted the problem of plastic recycling this year and in association with Mrs Kingdom, our ESDGC Coordinator, has initiated the following strategies in order to make headway in gaining the ECO Schools Green Flag Award 2019:

- New signs made by staff for our canteen bins
- Posters around the school about recycling plastic
- Plastic recycling bins now in classrooms
- Discussion with canteen staff regarding reduction in plastic packaging and utensils
- Picton Sports have provided reusuable drinks bottles
- Plastic litter picks have taken place.

Another highlight this year was the visit we had from Suzy Davies A.M. Suzy spoke with Student Voice at length and answered all the questions that were posed to her. Some of the questions included:

- Why are schools struggling for money?
- Are there plans for more activities for teenagers in the local area?
- We feel there are road safety problems in our area. Are there improvements planned?
- How does someone in your role go about benefitting local people in the area?
- What security process does information go through?
- How did you get your role as a Conservative A. M?
- How far do you have to travel as part of your job?



Suzy Davies told Student Voice that she has always been interested in politics and, even as a child, loved the news! She wasn't always Conservative but changed her mind when the Welsh Government wanted to introduce education to 3 year olds. Nurseries started to close because of this and she felt very stongly that it was wrong, so went to the Welsh Assembly to fight it. Because of her protest, the rules were changed and this was the start of her realising that she could make a difference. She stood for M.P. in her area and won... The rest snowballed from there!

Mrs Davies wasn't able to answer all the questions posed to her, but she gave an interesting insight into her role and her answers encouraged some lively debate.



PSE Day this term was held on Wednesday 4th July and several interesting and essential sessions were delivered to pupils in years 7 to 10. Sessions included:

- Fire safety
- Relaxation
- Safe sun
- What is a Councillor?
- Disability Awareness
- Prison No, not for me
- Assertiveness
- Why Weapons?
- Sexual Health
- Drug Abuse
- Diversity
- Teenage Cancer



Pictured below, are some of the pupils taking part in a team building exercise in the school gym.











A 'Uniform Swap Shop' has been set up at Penyrheol, which we hope will prove useful to pupils wishing to swap an outgrown school jumper for a bigger one!

The 'nearly new' uniform is laundered before being made available to swap and is open to all pupils. We already have a number in stock, mostly size medium at the moment and are hoping to replenish existing stock at the end of the school year, ready for swapping from September.

Every week during registration, unioform may be delivered to Miss Ensell-Lewis in the School Lodge who will monitor all stock and arrange suitable swaps!

Dont be shy...lets recycle, save money and help eachother out by taking part in this scheme.

Year 11 pupils - Have you just left? Please donate your jumper to this wonderful initiative!

#### Literacy across the curriculum

Literacy skills are essential for success in all aspects of the curriculum.

All pupils need to be technically accurate in their writing so it is important for them to practise punctuation and spelling.

#### Literacy Challenge 5 - Using the Apostrophe

Can your child use the apostrophe correctly?

#### Using the apostrophe to show possession

An apostrophe can be used to show that one thing belongs to or is connected to something.

For example:

- The girl's coat was blue. (the coat belongs to the girl)
- Charles's dog was naughty. (the dog belongs to Charles)
- **The brothers' feet were muddy.** (the feet belong to the brothers)
- The children's toys were broken. (the toys belong to the children)

#### Using the apostrophe for contractions

You can use apostrophes to show that you have omitted (left out) some letters when you are joining words together.

For example:

you are = you're	do not = don't	has not = hasn't	would not = wouldn't
he will = he'll	they have = they've	it is = it's	did not = didn't

#### Literacy Challenge 6 - Proofreading

If pupils can't spot the errors in someone else's work, they're not likely to find the errors in their own.

Can your child find the **6** errors? Check all the **tenses** are correct and look for **spelling** errors.

I am sorry that I forget to bring my homework in on thyme. I started it at home on monday nite but then I need to go and visit my gramother.

and visit my grandmother.

I am sorry that I forgot to bring my homework in on time. I started it at home on Monday night but then I needed to go



Parents...We No

## **National Students' Health and**

In the Autumn Term 2017, Penyrheol took part in the National Health and Well Being Survey on line. A total of 193 secondary schools in Wales took part (91%). A total of 768 Penyrheol pupils completed the survey.

One of the main findings in our school report was that pupils, especially the boys, are drinking more energy drinks and sugary drinks per day than the national averages.

#### **Energy drinks**

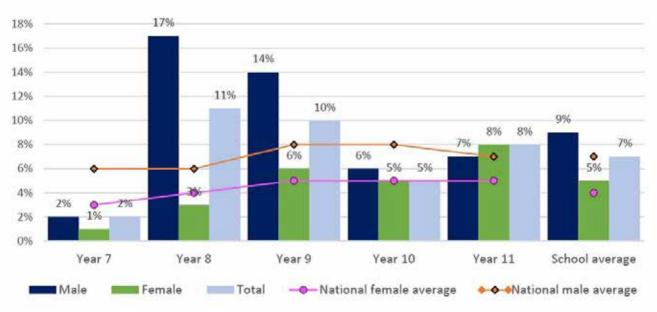
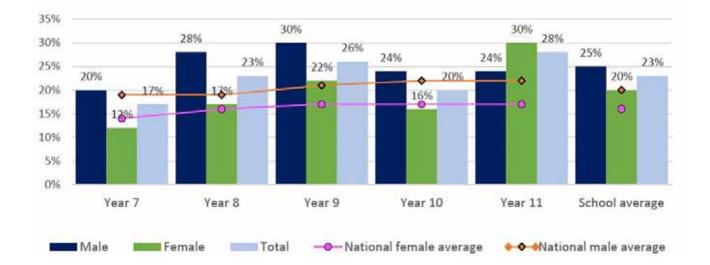


Fig. 4 Penyrheol Comprehensive: Students who usually drink one or more energy drinks a day

#### Sugary soft drinks





# eed Your Help!

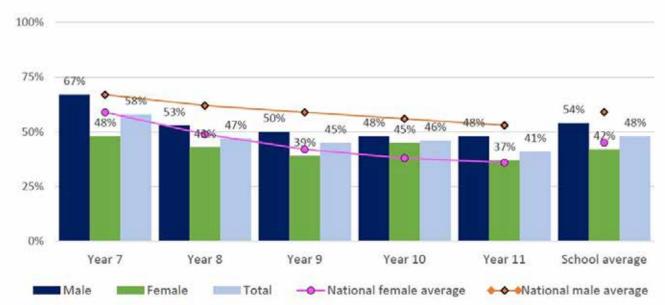
## Well Being Survey 2017/2018

This obviously concerns us as a school on a number of levels. Firstly, energy drinks contain high levels of caffeine and contain many ingredients with poorly understood effects on the human body. Research has also suggested that energy drinks may be a 'gateway' to use of other harmful substances. Secondly, risk of hyperactivity and inattention is increased by 14% for each additional sugar-sweetened beverage consumed. Energy drinks in particular were found to have an independent effect on hyperactivity and inattention symptoms, such as fidgeting and inability to concentrate.

In Penyrheol, we have 3 water drinking fountains in our new building and there are plans to introduce one more in our annexe building for September.

#### Energy drinks in school are banned and only drinking water is allowed in class.

Another main finding of our report tells us that all of our boys in school and our girls in Years 7, 8 and 9 are far less likely to eat breakfast compared to the national averages.



#### Fig. 1 Penyrheol Comprehensive: Students who usually eat breakfast every weekday

Breakfast

Well-nourished students are better prepared to learn and young people's diets are linked to their academic performance in a number of ways. For example, their ability to concentrate, classroom behaviours and the impact of specific nutrients on brain functioning. It is not only the quality and quantity of foods eaten, but also the patterning of meals throughout the day i.e. breakfast.

In Penyrheol, we have a morning breakfast club from 8.00 a.m. Pupils are able to buy hot and cold drinks and breakfast foods. Please help us ensure that our young people develop healthy eating and drinking habits that will have positive effect on their health and well-being and stay with them into their adult lives. It will impact on their academic achievement too!



The following pupils have all been selected for either their o A4 Winners Ma

#### Art

Y7 - Hollie Bainbridge & Nicholas Luca Y9 - Cerys Diamond & Bo Haynes-Foster

#### Business Studies

Y10 -Owen Griffiths & Katie Broom

#### Bnglich

Y7 - Dillon Woods & Hannah RobertsY9 - Olivia Street & Ryan MillarY11 - Sandy Saunders & Iona Beynon

#### DT

Y7 - Abbie Hall & Eliot Ford Y9 - Harry Meryick & Dylan Caswell Y11 - Ffion Berrell & Carys Edwards

#### Branch

Y7 - Morgan Lecrass & Alfie AtkinsonY9 - Harry Cunliffe & Rhianna Ree

#### Geography

Y7 - Georgia Reed & Daniel LeahyYY9 - Sophie Lewis & Jade JenkinsYY11 - Caitlin Grigg-Williams & Matthew Newcombe

#### History

Y7 - Leah Phillips & Jayden Garratt Y9 - Rhianna Rees & Gareth Williams Y11 - Melissa Samuels & Grace Thomas

#### ICT & Computer Science

Y7 - Ervine Bongat & Georgia Reid Y9 - Sameer Naseer & Thomas Davies Y11 - Freddy Dimmock & Connor Bragg

#### Maths

Y7 - Georgis Reid & Connor Richards Y9 - Kyle Harris & Jade Jenkins Y8 - Lowri Rowlands & Casey Turner Y10 - Alex Messer & Alexandria Wilson

Y11 - Tristan Kostromin & Luke Davies

Y8 -Corey Swistun & Kelly Fagg Y10 - Katie Broom & Ethan Roberts

Y8 - Amber Kavanah & Jake Kennedy Y10 - Damon Watts & Jac Price

Y8 - Joe Bates & Emma Morgan Y10 - Evie Lisk & Ciaran Bond-Morgan

Y8 - Rhianna Carmichael & Joe Bates Y10 - Molly Austin & Sophie Thomas

Y8 - Max Morton Lewis & Thomas Baglow Y10 - Isobel John & Ethan Roberts

Y8 - Rhianna Carmichael & Kelly Fagg Y10 - Jac Price & Phoebe Tucker

Y8 - Joe Bates & Kelly Fagg

Head of Year Awards - 177 - Harvey Thomas & Ella Brown 188 - Molly Purnell

plause Please...

utstanding achievement or effort in the following subjects. ay - July 2018

Media Studies Y11 - Caitlin Braden & Dewi Griffiths

#### Music

Y7 - Josef Hier & Ben Jones Y9 - Jayden Paoella & Ryan Davies

#### **P.E. (Boys)**

Y7 - Elima Banicau & Iestyn LewisY9 - Megan Davies & Lucy Havard

**RE. (Ghtls)** Y7 - Emily Ford & Ffion Williams Y9 - Megan Davies & Lucy Havard

#### RE

Y7 - Hannah Roberts & Ervine Bongat Y9 - Sean Keogh & Rhianna Rees

#### Science

Y7 - Danny Lewis & Tamara Swistun Y9 - Emily Ling & Kai McCarthy

#### Spanish

Katie Broome & Jay Roberts 10R

#### Walah

Y7 - Niamh Kelly-James & Sophie Phillips Y9 - Morgan Davies & Harry Elsey Y11 - James Beech & Andzejs Dubjaga

**Welsh Baccal hurreate** Y10 - Freya Whiteley & Euan Morris Y8 - Lowri Rowlands & Rhianna Carmichael 10 - Ella Whitton Stroud & Celyn Willicombe

Y8 - Marcus Hands & Lewis Welsby Y10 - Dylan Price & Josha Court

Y8 - Ffion Johns & Amelia CookseyY10 - Chloe Griggs-Williams & Carly Lewis

Y8 - Niamh Thomas & Joe Bates Y10 Sarah Feraru & Emilee Inkin

Y8 - Leo Thomas & Thomas Baglow Y10 - Eleri Thomas & Carl Garbett

Y8 - Alice Austin & Demi Wilks Y10 - Krystle Davies & Carly Lewis

Y11 - Chloe Jones & Rhys Jones

&Tom Lok 🝸 - Caitlin Evans & Vali Rasa 🏋 🚺 - Molly Bates & Alex Messer

# Year 11 - Marc

### 28th June 2018 \_\_\_

It was the hottest day of the year.

140 beautifully dressed Year 11s flooded Penyrheol Comprehensive grounds for family and friends photos. At 6.30pm it was time to wave goodbye and head to Parc y Scarlets for Prom 2018.

The venue was beautifully decorated with a Mardi Gras theme. As you walked through the balloon arch a blast of purples, greens and yellows hit you. The tables were decorated with balloons and coloured fishbowl centre pieces. Each table had an array of crystals, beads and each displayed a Mardi Gras mask.

A group photo was taken out on the stands of the Parc Y Scarlets (or the holy grail according to Dr Rees). It was then time to be seated for a 2 course meal. The first course was a filling Chicken dinner shortly followed by a delicious slice (wedge) of chocolate fudge cake!









# li Gras Prom!



Then it was disco time and the sweet stall was opened – not sure who enjoyed the sweets more – staff or pupils!!

Dr Rees then took to the microphone to hand out some well deserved 'spoof' awards. Gifts were then given out to Dr Rees, Mrs Capper and Mrs Harries to say thank you for all their hard work. These were presented by Head Boy, Josh, and Head Girl, Lauren.

It goes without saying that a special moment was given to Mrs Gwyther who would have loved to have been there. A large roar of applause and an endless cheer was dedicated to her memory and she was very much a part of our 2018 Prom.

Once the mic had been prised out of Dr Rees' hands, it was back to dancing. The dance floor was full and the music had everyone going. The photobooth had a constant flow of revellers dressing up in funny props trying to get the funniest pictures.

It was hot, it was sticky, but boy did we all party!! A great night that we will always remember!!! The 2017/2018 academic year has been a busy one for our Mus

Calendar F

#### Music in the Community



The Music Department ventured out into Gorseinon to provide its residents with a taste of our creative abilities. Our first event was at Christmas, when we donned our Christmas hats and bedazzled our instruments with sparkly tinsel. We performed in Asda, playing and singing carols and after hearty lunch, we trekked to Gorseinon Hospital, where we entertained the patients with our carols, going through each individual ward. We all thoroughly enjoyed watching them light up like Christmas lights as they sung along to their favourite pieces and danced to the music. By the end, we all had aching feet, but it was well worth it to see their happy faces! Later in the year, we showed our Welsh pride by performing Welsh songs for St David's Day. We began in Gorseinon Hospital, filling the wards with the sound of traditional music which all of the patients recognised and sung along to. Afterwards, we found our way to Awel-Y-Mor, a care home off Frampton Road. We once again played our musical pieces to them which they all thoroughly enjoyed, even asking for an encore of the well-known Calon Lan. **Nia Davies & Rhianna Rees Year 9** 

#### Christmas Concert



Our Christmas Concert 2017 was a fantastic event which showed the range of the musical talent at Penyrheol. The church was full with an excited audience, so we started with our Rock 'n Roll Guitar Group who performed 'Rocking Around the Christmas Tree'. Our Head Boy, Joshua Bainbridge, and Head Girl, Lauren Francis, read a poem about the true meaning of Christmas. The final item was our choir (nearly 100 pupils), singing 'Believe' from the film 'The Polar Express'. At the end of the evening, there was a cheer from everyone watching who had loved every minute of the festivities.

On the last day of term, pupils performed a selection of pieces from the concert for the pupils in school. This was done in two special Christmas Assemblies. and was a lovely way to end the term; singing carols together and sharing the Christmas spirit. **Ffion Johns Year 8** 

#### **Recording Session**

In March this year, Year 11 pupils enjoyed the experience of a recording session. We were able to record our exam pieces, which consisted of a solo and ensemble piece for each person. It was treated as a mock performance exam, as we were given marks and feedback from the teachers. Our guitar teacher kindly set up a microphone and recording system which meant that the recordings were high quality and we were able to use the same set up for our exam as well.

For my recording, I played two solo pieces on the piano and an ensemble piece which was a string quartet, where I played the cello. The recording session helped me and my peers build our confidence as we got to perform in front of our class, which normally we wouldn't have had the chance to do. This was also valuable to me as I was able to play on the grand piano, which gave me a chance to get used to it before the exam!

Zoe James Year 11



#### ic Department...Here is a quick look at some of the highlights!

#### 2018 Eisteddfod

As a pre-competition introduction, we sang songs in Welsh and then the performances began! There was a range of performances such as singing, poem recitals, violinists and guitarists. There were also ensembles playing different instruments, one, of which was 'Faded' by Alan Walker. I played a percussion instrument as an accompaniment with my friend whilst some played on the keyboards and we also had a drummer. My favourite act was a group of boys performing a poem because they made it very entertaining to watch and listen to. To finish with, we all stood and sang the Welsh Anthem proudly. Ella Williams 7S

#### Summer Concert

This year's Summer Concert was on the 25th of June and was a wonderful opportunity to showcase the talent at Penyrheol Comprehensive School. Pupils from Years 7-11 took part by playing an instrument or singing, either as part of an ensemble or as a soloist.

The Guitar Group opened and closed the concert to the packed theatre and even a few teachers got involved, including Mr Tootill, Mr Benney, Mrs Phipps and Mrs Finney who all played funny sounding instruments in the String Groups' 'Chicken Dance'.

Over 100 pupils took part in the concert- it was an incredible music filled evening. Kimberly Randlesome Year 11

#### **Guitar Gigs**

In this academic year, we have had the opportunity do several gigs with the guitar group, developing our abilities to perform as a group and to perform a range of different styles of music. Our first show was the Christmas concert where we performed 'Jingle Bell Rock', 'Rockin' Around the Christmas Tree' and 'Jingle Bells.' This gig helped us to become more together and socialise with pupils from year 7-11 who we might not have met if it weren't for guitar group. This show also helped with our communication, teamwork and confidence as most of our parents were there. and this also raised our morale, as some of our guitar group members were very nervous beforehand.

Next we performed for the year 6s whilst they were visiting us on 'Taster Days'. We performed on the balcony over looking the canteen, showing them what we do in guitar lessons. We were also able to show our abilities to the parents and show them what their children could achieve in their next 5 years.

*Lastly, we played a huge part in the end of year Summer Concert by starting and ending the programme and by the end of the concert everyone was clapping along. It was a great feeling!* 

We feel really privileged to be given the opportunities that we have had this year and owe so much to the Music Department for helping us on our journey throughout the year. Aaron Thomas and Josh Willis Year 9





Mrs O'Sullivan's incredibly talented young designers showed off the work they have completed during the eco fashion after school clubs (both current and past) at a #SustFashWales fashion show in support of the global campaign Fashion Revolution Week 2018! The show was held at the National Waterfront Museum on Saturday 28th April and was a total sell out with over 200 members of the public attending and designers from all over the UK showing their work.

Following the success of previous designs for Fashion Revolution Week 2017 and attending Cardiff Fashion Week last year, pupils have been super busy this year making a new design just for the show – made from hundreds and hundreds of waste fabric scraps. Their work is a testament to the creative and technical talent of the young designers of Penyrheol and they should be very proud of themselves!

Many pupils, from Y7, Y8 & Y10 come along to the show to not only see their designs on the catwalk show but they volunteered to help set up, check tickets, manage the eco-glitter bar, sell raffle tickets and programmes and help backstage. Mrs. O'Sullivan would like to say a big thank you to all that helped.







### HUGE CONGRATULATIONS...

...to all of the young designers whose work was shown on the catwalk:

Olivia Llewellyn, Ffion Johns, Alice Austin, Laurene Govier, Summer Thomas, Scarlet Davies, Shona Maddocks, Olivia Burrows-Chambers, Mia Williams, Sophie Williams, Georgia Reid, Molly O'Connell, Abigail Goudge, Millie Lewis, Charlotte Powell, Holly Issacs, Courtney Phillips, Kieran Harris, Precayes Taylor, Chloe Thomas, Denisa Neagu and design team leader Louise Allen!





On March the 30th 2018, 70 pupils and 8 staff from Penyrheol embarked on a sports tour to the USA. Buses departed school early, heading off for 10 days of adventure and sport.

Our first stop was in Washington DC, the home of many iconic landmarks and after a long flight and an early first night our first full day involved a tour of The Supreme Court, The Library of Congress National Archives, Ford Theatre & White House, Smithsonian Museums, Capitol Hill and the Lincoln Memorial.



The following day we made our way down to Orlando Florida for, of course, the theme parks, but more importantly the sports matches. On the Monday it was the turn of the rugby and netball players to pit their wits against the locals.

After a long drive down the coast on a hot afternoon, first up were the under 15s boys against opponents we had met 2 years before, the 'Wellington Wizards' In very hot conditions the boys performed superbly, with Mr Fuge stating that the performance was amongst the top 3 he had ever seen on a sports tour, (and he has been on a few!). We eventually ran out 45-12 victors.

It was then the turn of the under 16 boys to take to the field. They had a lot to live up to and some of the boys had to play again. The match was nail biting and the score remained close all the time. The game went to the wire finishing 35-35 with Harri Houston kicking a last minute conversion to tie the game. Overall, a fair and excellent result.





## Washington DC -2018

At the same time as the rugby was taking place, the girls travelled to their netball matches. For the first time in 3 tours to the USA, we fielded some very strong teams and both matches were very competitive with the girls winning one and losing one.

After these rugby and netball matches the pupils had a few days to relax and enjoy the theme parks, bowling, pizza and a trip to watch 'Orlando Magic' play basketball, where at the end we were invited onto the court for a school photo.

After a few days of fun and excitement came the chance for the footballers to take to the field. We had three matches scheduled; an U15s boys, U16s boys and for the first time a girls' match.

The conditions were very hot and when we started we realised we were in for a tough night, but inspired by our rugby and netball performances earlier in the week all the pupils were fantastic. The U15s won 6-1, U16s drew 0-0 and the girls narrowly lost 7-5.

Once again this was a truly amazing and unforgettable trip. The pupils had the experience of a life time and made memories they will never forget.

Thank you to all the pupils who came and staff who helped. Also a big thank you to the companies and organisations that helped with sponsorship: **Trade Centre Wales, Picton Sports, The Bug Gorseinon and Ben Hughes Engendering.** 











### Geography Photography!

The Geography Department is inviting pupils to enter a photography competition with a closing date of 30th September 2018.

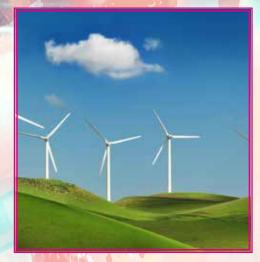
Photos can be a landscape, wildlife, garden, people, village or cityscape and can be digital or hard copy.

There are prizes for each age group: 11-14 and 14-18 and Mr Hyndman will be choosing the best two, to enter into a national competition run by the Geographical Association.

The winners of each catagory will win a £20 store voucher of their choice.

For more information about the national competition , please see www.gapgphotocompetition.org.uk











Position	Year 7 - House	Points
1st	Tan	31
2nd	Gwynt	30
3rd	Tir	28
4th	Dwr	23

Position	Year 8 - House	Points
1st	Gwynt	32
2nd	Tir	30
3rd	Tan	27 -
4th	Dwr	

Position	Year 9 - House	Points
1st	Dwr	36
2nd	Gwynt	32
3rd	Tan	29
4th	Tir	A 01-11

#### **Overall Winners**

	<b>Overall Winners</b>	
Position	House	Points
1st	Gwynt	94
2nd	Tan	87
3rd	Dwr	81
4th	Tir	69

Congratulations to everyone that took part or helped with the running of the events...a successful day made even better by some glorious sunshine! 

## Celebrating Internatio

### A number of pupils have achieved International Honou



Lewis Welsby Judo



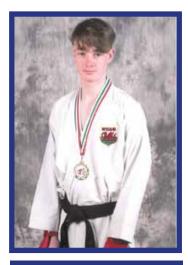
Lauren Francis Netball



Harri John Gymnastics



Jac Elsey Martial Arts



Jay Roberts Karate



Niamh Jewell Irish Dancing



Alfie Smith Motorcross



Morgan Gay Boxing



Marcus Hands Short Mat Bowls

Congratulations to you all - What a

### mal Success at Penyrheol rs this year, representing Wales in their respective sports:









Darcie Bass **Cross Country** 

Nathan Evans

**Kick Boxing** 

relter

Jayden Paoella

Basketball



**Callum Evans Kick Boxing** 



Conor Owen Tai Kwando



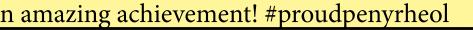
Luke Evans Squash



Lauren Evans Netball



Tamara Rahim-Smith, Rebecca Davies, Aimee Griffiths, Georgina Matthews, Lily Thornhill, Olivia Street, Jessica McNulty & Lydia Taylor (not pictured) Acro - Gymnastics





The safety of the pupils, staff and all of us that use the school site will always be our priority. With this in mind we ask for your support and cooperation with a Health and Safety matter which is giving us some concern.

During the pupil drop off time in the mornings and pickup time in the afternoon, we have high levels of traffic. The school employs a Traffic Management Plan which reduces the risk level of contact with moving vehicles, but in order to reduce this we require the cooperation and support of Parents and Carers.

Please drop off your child in the swimming pool carpark; if you need to bring them in to school or pick them up, please do not drive around the drop off sign and stop outside the main green gates. This increases the risk of contact with moving vehicles, yet it can be easily reduced if we keep to the drop off and pick

up plan.

If your child has mobility problems and you need to drop them closer, then please use the yellow area to drop off and drive slowly when entering from the main road.



Penyrheol Comprehensive School thanks you for your commitment to keep everyone safe.

# A Visit to Gaswell Day for our Surfer Dudes!



Jack (pictured left) was manually hoisted from his wheelchair onto a specially adapted surf board so he could experience the pleasure of surfing along with his friends. Jack overcame considerable fear to achieve this amazing feat!

On Thursday 28th June the #Dreamteam went to Caswell Beach. We learnt how to surf with Surfability UK. Surfability UK teach people with disabilities how to surf including wheelchair users, those who are visually impaired and people with additional learning needs.

We learnt how to surf with help from the special instructors, Ben, Ben (Yes...2 Bens!) and Toby who were all gentle and patient. I felt ecstatic because I got to be out of school with my friends from the STF and I was really proud of my friend Jack, who overcame his fear of water. #fearintofun

My best bit was being able to stand up on the surf board and face planting the water." By Jake Burder (STF)

This exciting opportunity was organised by Gavin Lewis, Acive Young Peoples Officer for Schools and it was chosen to complement our ongoing 'Well Being Challenge' #beactive



Year 11 GCSE Media Studies pupils were lucky enough to have an engaging session with the News Editor from the Wave Radio Station, Emma Grant.

They learnt about how news is sourced and how news webpages appeal to their target audience. It was an invaluable session and it was interesting to see just what gets us clicking onto different news stories. Hopefully there may be many budding journalists emerging from Penyrheol in the future!



## Your School Needs You!

Do you have a licence from before 1997 with a D1 on it that allows you to drive a minibus? Would you be able to give up some time occasionally to assist with school trips?



If so, we are looking for volunteer minibus drivers. MIDAS training will be provided and you will be covered by school insurance.

If you are available and interested, please contact the Office on 01792 533066 and let us know!



### The following girls represented Wales at the British Schools Sports Acro Championships in Stoke at the beginning of May 2018.



Rebecca Davies (Year 11), Aimee Griffiths (Year 10), Georgina Matthews (Year 10), Olivia Street (Year 9), Lily Thornhill (Year 9), Jessica McNulty (Year 9) and Lydia Taylor (Year 9)

The girls performed exceptionally well in their respective events with Rebecca Davies and Olivia Street winning Bronze in the Over 19 Pairs Competition, whilst the team finished 6th in their respective age category.

#### Athletics

### The Athletics team has participated well in several competitions with some notable performances coming from:

#### Darcie Bass (Year 10)

Won the 800m at the Afan Nedd Tawe Schools Championships and will represent the county at the Welsh Schools Championships in Brecon in July. She also placed 4th in the same event at the Welsh Athletics Championships in June, beating her personal best time in the 800m.

#### Grace Thomas (Year 11)

Finished 3rd in the Long Jump at the Afan Nedd Tawe Schools Championships.

#### Ethan Rigby (Year 11)

Finished 3rd in the Javelin at the Afan Nedd Tawe Schools Championships.

Olivia Francis (Year 7)

Finished 1st in the 800m at the Year 7 Swansea Harriers Trophy Meeting and 2nd in the U14 Cup Match in the same event.

Emily Ford (Year 7)

Finished 3rd in the 70m Sprint Hurdles race at the Year 7 Swansea Harriers Trophy Meeting.

And...**Ffion Berrell** recently represented Afon Nedd Tawe Schools athletic Competition in the 'Hammer' event coming 3rd and leaving with a bronze medal. This was her personal best throw at 39.77 metres.

#### Football

Charlotte Williams (Year 11) has been selected to play for Swansea City Ladies Football team. An outstanding achievement which reflects the years of hard work and dedication shown by Charlotte during her football development.



Megan Davies (Y9) has been selected for The Swansea Schoolgirls Squad and has had recent trials the Wales Development. Another outstanding result for Penyrheol sport.

# Beyond the School Gates & Past Pupil News!



Huge congratulations to **Olivia Street**, who has recently won Gold in the Senior Women's Group at the Lisbon Acro Cup in Portugal.

Well done to Year 9 pupil, Naomi Boyes who gained her Grade 3 Violin Certificate this term.





www.musicalityacademy.ccm

Both current and ex-Penyrheol pupils are about to step onto the stage with Musicality, our local theatre company based in Gorseinon. The production takes place at The Princess Royal Theatre in Port Talbot on Sat 21st July and will be a fabulous evening of musical theatre.

A few tickets are still available at www.princessroyaltheatre.com

Congratulation to ex-pupil **Alex James-Hatton**, who is currently appearing in the musical 'Heathers' at 'The Other Palace in London starring Carrie Hope Fletcher.

It has just been announced that the 'Sold Out' production is being transferred to The Theatre Royal, Haymarket, so Alex will be making his official 'West End' debut on 3rd September! WOW! What an achievement!

