



E-Safety Guidance

for parents, carers and guardians

<https://www.thinkuknow.co.uk/parents/>



<https://www.getsafeonline.org/>



<https://www.stopbullying.gov/>

stopbullying.gov

<https://www.common sense media.org/>



What does the school expect of pupils?

All pupils are asked to sign the Acceptable Use Policy at the start of each academic year. This policy includes our expectations of them using the school network in a safe and responsible way and playing a part in reducing bullying. Here are some example points from the AuP in the pupil planner:-

- In accordance with the school's Bullying Policy, pupils must not use school ICT equipment to harass, bully, or invade the privacy of other pupils or staff.
- Pupils must not enter chat rooms, use external email, external forums or instant messaging, software/websites without school approval.
- Pupils must **under no circumstances** view, upload, or download and material which is likely to be unsuitable for schools. This applies to any material of a violent nature, dangerous, racist or inappropriate sexual nature. Possession of certain types or material can lead to prosecution.*

Items marked * fall under the Computer Misuse Act 1990, which makes it a crime to access or modify a computer system without permission from system owner.

Article 19 – Your right not to be harmed and to be kept safe

UN Convention on the Rights of the Child

Along with the assistance of the County ICT Support Team, we make every effort to reduce the chance of pupils being exposed to unsuitable material, bullying and grooming. Here are some examples of parts of the Internet we restrict access to:

- Video upload sites such as YouTube.
- Chatrooms and forums.
- External email accounts.
- Movie streaming sites.
- Any web pages containing language and images of an adult nature.
- Sites that rely upon a proxy server for content.

What are the big areas of concern?

- Social Media and cyber-bullying.
- Online grooming.
- Exposure to adult material.
- Downloading of viruses, hacking, phishing and having personal details stolen.
- Sexting.
- Addiction to technology and Online Gaming.

How can parents, carers and guardians help?

We do not expect responsible adults to stop pupils having access to modern technology and the Internet. This is a natural part of their development in this technological and modern era. Pupils may feel more isolated if they are not allowed access at all, as friendship groups often arrange social meetings, birthday parties etc. using social media.

Tips

- Visit the web links on the front page of this leaflet
- Don't be afraid to discuss E-Safety topics with your child:-
 - use of the Internet
 - age appropriate material
 - online profiles and security
 - digital footprint
 - cyberbullying
- Discuss E-Safety with other parents and agree upon standards.
- Monitor your child's use of the Internet and apps. This can simply be done by having them in the same room as you when they use their technology.
- Follow your child on social media.
- Consider the use of web filters and anti-virus software.
- Ensure your child switches their technology off a reasonable amount of time before going to sleep at night.

THINK!

Before You...



T - Is it true?
H - Is it helpful?
I - Is it inspiring?
N - Is it necessary?
K - Is it kind?

**RESPECT YOURSELF.
RESPECT OTHERS.**